

SENIORS MENU

230GM PORTERHOUSE (GF) Served with Chips & House Salad SWAP TO: Mash & Veg - 3	25
FISH & CHIPS (GFO - GRILLED) Beer battered Hake fillet, House Salad, Chips, Tartare Sauce, Lemon	17
SQUID & CHIPS (GFO) Deep fried Squid Rings, House Salad, Chips, Tartare Sauce, Lemon	17
CREAMY GARLIC PRAWNS (GFO) Prawn Crackers, Steamed Rice, Petite Salad	18
NASI GORENG (GFO/VO) Egg Fried Rice, Boneless Chicken Thigh, Lemongrass & Lime Curry Sauce, Fried Egg	19
CHICKEN PARMIGIANA (GFO) Herb crumbed Chicken Breast, Napoli Sauce, Ham, Mozzarella, House Salad, Chips	17
VIETNAMESE NOODLE BOWL (GFO/VGNO) Rice Vermicelli Noodles, Pickled Carrots, Bean Sprouts, Cucumber, Mint, Coriander, Chilli, Peanuts, Vegetable Spring Rolls, Fried Shallots, Sweet & Tangy Dressing ADD: Chicken - 6 Pork Belly - 7 Beef - 8 Prawns - 9	18
PEAR & WALNUT SALAD (GF/VGNO) Pear, Roquette, Spinach, Drunken Cranberries, Parmesan, Sweet Walnuts, Balsamic Vinaigrette ADD: Chicken - 6 Prawns - 9	18

SENIORS DESSERT

PAVLOVA (GF) Whipped Cream, Berry Compote, Passionfruit Coulis	7	MINI SUNDAE (GF) 2 scoops of Vanilla Ice Cream, Chocolate Sauce, Caramel Sauce, Crushed Peanuts	7
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GF - Gluten Free | **GFO** - Gluten Free Option | **V** - Vegetarian | **VO** - Vegetarian Option | **VGN** - Vegan | **VGNO** - Vegan Option

Meals may contain traces of nuts & gluten. If you have food allergies, please notify staff.

SENIORS MENU

the brook
BAR & BISTRO

